

Best face forward



Mission - Seeking an instant pick me up for the skin

The find - Dr Duve Freshlift Facial using jet peel 3 at Michael John, Mayfair

Main Idea - An uber facial created by leading German facialist Dr Duve. This face treatment combines the innovative Jet Peel 3 method with his impressive anti aging skincare line to give a tailored skincare experience and fresher and more youthful looking skin fast. Skin is deeply cleansed and nourished, then pure oxygen is delivered into the skin while skin boosting liquids are pushed deep under the skin's surface which means you will get a more effective skin smoothing and plumping result.

The special factor - The Jet Peel 3 method works to detox the surface of the skin by removing unwanted dead skin cells as well as well as pumping oxygen and skin boosting products deep into the skin, creating a healthier and more luminous complexion.

What happens - Louise (Dr Duve's top London therapist) cleanses the skin with the calming Dr Duve Cleansing milk and then uses the Jet Peel 3 to hose down the skin (think micro car wash experience) this is not a calming or soothing experience but one that is looking to deliver results. Post peel you are treated to luxurious collagen mask which calms, plumps and nourishes the skin. While the mask is working its magic you are given a hand massage and then hands are wrapped in heated mitts. Once the collagen mask has been taken off skin boosting waters are sprayed on at a pressure that allows them to absorb more deeply, therefore being more effective.



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Best bit - As a holistic chick I found the laser jet peel a little disconcerting but the end result was that my skin looked better than before. I found the hot mitts particularly soothing post Jet peel.

End result - My skin tone looked more even toned and my pores appeared smaller. Overall, the effect was a less worried and more rested complexion. The next day my friends asked me if I was on some sort of detox which means the facial had delivered on its promise.

Good for -All skin types but particularly good to target skincare concerns and problems. So if you have sun damage, aging skin or acne it's worth the hefty price tag. I am booked in next for the Get stressed hair therapy treatment as my mane is in need of a boost. Great skin and more luxe hair will soon be mine.

Facts - The Freshlift Facial and all other Dr Duve anti aging treatments are available at Michael John. To book call 0207 629 6969 or for more information visit www.,michaeljohn.com.

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